

Brunch Dining

Bakery

Chocolate twist £4

Cinnamon swirl £4

Plain croissant £4

Almond croissant £4

Fruit

Poached peach, homemade granola, rose milk £8 (GF) (PB)

Summer berry sundae, Greek yoghurt, toasted granola £7 (GF) (V)

Raspberry and almond porridge, toasted almonds, preserved raspberries £7 (GF) (PB)

Blueberry and ginger bircher muesli, puffed rice, lemon balm £7 (GF) (V)

Botanica Brunch

Serrano ham, soft poached hen's egg, spiced green harissa dressing, grilled sourdough £12

Chickpea and red pepper shakshuka, hen's egg, salsa verde, fresh coriander £10 (GF) (V)

Sauté wild mushroom bruschetta, sultanas and seeds, onion puree, nut free pesto £12 (PB)

Sussex smoked salmon, soft poached hen's egg, hollandaise, lemon brioche £13

Buttermilk pancakes, summer berry compote, Greek yoghurt, Sussex blueberries £10 (GF) (V)

Dry cured bacon butty, grilled sourdough, Botanica tomato and basil ketchup £10

Juices £4.50 added tincture £7.50

Our juices are freshly blended in house, with the option to add our bespoke, active botanical tinctures made exclusively for us by The Herball for the perfect blend of flavour and revitalising refreshment.

Heart (apple and beetroot)

This botanical is a heart and nervous system tonic, reducing stress levels and nourishing the nervous system

Beauty (pear and cranberry)

Full of natural digestive enzymes and anti-bacterial plants this botanical is bursting with natural plant enzymes to help nourish and strengthen digestive function and skin health

Immunity (orange, ginger, and pink grapefruit)

Sunshine in a bottle, an invigorating and nourishing tonic for the stomach, nervous system, endocrine and immune system

Invigorate (pear, cucumber and spinach)

A unique green juice with abundance of vital nutrients and minerals combining the best of land and sea. Packed full of blood cleaning and antioxidant constituents to revive and invigorate

More Juices £4

Orange

Wobblegate apple

Tomato

Grapefruit

Coffee £3

Cappuccino (standard or ridiculous)

Latte

Americano

Espresso

Flat white

Macchiato

Cold brew

Teas

Botanica blend

Lady Godman grey

South Lodge blend

The spa signature jasmine

Fresh mint

(V) Vegetarian (PB) Plant Based (GF) Gluten Free

A 12.5% discretionary service charge will be added to all bills. This charge is paid directly to the staff. All prices are inclusive of VAT at the current rate. Please advise us of any food allergens or intolerances.